

3.8 The singular organ technique

Certainly the story from the beginning of this level seems much clearer now –the duration of your treatments is not the measure of the quality of your treatments. Engrave this in yourself for all eternity. The treatment should last exactly as much as it should for the results to appear. It is very individual and depends on the structure of a person you are working with. How so, you ask? It is not because you cannot do it differently, but because the structure of some people is not able to accept different speeds or intensity levels. This could be compared to music. If you played a song over speakers very loudly, someone might find it just right, someone else would feel that the volume is bothering them, someone might be bored, emotional, empty etc. The music, depending on its intensity, speed and volume, causes all kinds of reactions. These reactions are that of our system processing the music that entered it. The same reactions appear with treatments. A treatment is like a song. What it means is that you need to make a song selection based on the person before you so that it's rhythm and intensity match the acceptance of the person's system. You are always the one who is being adjusted to the person before you. The key is in you, in your knowledge. But, how do you decide what kind of a treatment someone needs? That depends on your understanding of that very person. This understanding is the core of the problem you will have to deal with. Maybe it sounds strange, but illness always assumes the correct position. Like it or not, every bacteria behaves differently in different bodies and yet always correctly.

Before our next exercise we will once again look back at the one of the most important facts about the distance and low signals. Now, when you learned how to work with people, in person and at distance, you will choose when you need someone to be in the room with you and when it is preferable for that person to stay at home.

Exercise 1: make an arrangement with someone for examination and a treatment. It is not mandatory for this person to be next to you, you could just speak to it on the phone. Let this person tells you about itself and its organism, how he or she feels. After the conversation is over, examine that person. Bring yourself to neutral state. Check everything this person is complaining about and see if everything really is as their experience tells them. Check the entire body and the general state of the organism. Maybe you will get to the core of the problem the person was not even aware of. Try and see how this person looks at it self – see the world with their eyes. You can preform the examination and treatment while being close to this person or at distance, with hand modeling or using it physically, with all shades of colors. The choice is yours. Adjust to this person so that the entire process is interesting for both of you.

What comes next is a very interesting approach when treatment is about one specific organ. You can practice this exercise in person or at distance. You will first try on the liver. This exercise comes in two variants and it is advisable to do both. When you work with a particular organ, everything else disappears, like it is not there, so it would not bother you. You find a person and bring it closer to you (if this person is in front of you just skip this step), and then you pay attention to organ that needs to be treated.

Exercise 2: neutralize yourself and pay attention to this person's liver. Look at this liver carefully from various sides, find out what is going on with it and move on to the treatment. For starters, you can just clean it and fill it with green or purple energy. You decide for yourself. After your treatment, check the state of the liver and the entire organism and notice if something has changed.

Exercise 3: neutralize yourself and pay attention to this person's liver. Imagine bringing this liver close to you, like you separated it from the body. Look at it carefully from various sides, find out what's going on with it and move on to the treatment. For starters, you can just clean it and fill it with green or purple energy. You decide for yourself. After your treatment, put the liver back into the body and check the state of the liver and the entire organism and notice if something has changed.

Homework: for the next seven days practice finding the most various solutions to problems people are complaining about. Also, practice with different organs – the spine, kidneys, the stomach, bladder etc.