

3.7 The unknown signals

One of the most often question about the treatments is: “Is it OK if I heal someone who did not ask for it?”

In our work this is a highly important moral question. Until someone asks you for it, you do not have the right to go into someone’s life. Illnesses do not come just like that out of thin air. It is a normal and natural consequence. If someone says: “Suddenly I got sick out of nowhere”, be sure that it is not true; this person was “preparing” for it for a while now and did not know about it. So, do not enter someone’s life until he or she asked you to do it. Even if they ask for your help, that does not mean they want it. Maybe they are just frightened by their current condition. If you still want to help someone who did not ask for it, your close relative maybe, then you are doing it for yourself, so that you would feel great about helping him or her. That is a personal complex. In that case, perhaps it is better you help yourself and then think about doing treatments for others. Why would you prove yourself that you are capable of helping someone? Yes, in the world we live in, people value the will to help. But it is a bad thing. That kind of emotional addiction can turn into an infection that will make its way into your core and integrate with your personality. The result of your work will always influence your personality. The opinions of others, good and bad, could make you or break you. Neither is good without control. Similarly, you might disappoint yourself after a hundred positive treatments and just one failure. Should that happen, if you fail to heal someone, just move on! Protect your personality. Think of it as your own interior hygiene – and you are supposed to enter with it into other people’s lives, brains and bodies.

So far you have localized people you know or know something about them. By knowing someone, you just needed to remember them and things you know about them and it was like you have dialed a phone number. However, there will come a moment when people you do not know will ask for your help, people you do not know anything about, usually by recommendation from your cousins or friends. You do not have them in your contact tab. Is it possible to find those people? Of course it is, but firstly you will need to practice the technique of finding an unknown person. Any additional info might help you, like a photograph of this person, because it does not matter if you saw it in person. For your GPS it would be a great parameter of recognizing. The other necessary parameters are: name, surname, age and where this person is at the moment.

For you to register signals of people you do not know, you need to completely calm your head down. Chaotic thoughts are all over the place, and what you need is everything to work like in a dream. Only then is your system free of you and everything forks autonomously. There is no conscious analysis,

only a need to complete a task. Understand that your powers are absolutely not concentrated in your thoughts, but in the way the mechanism is constructed.

The next two exercises will teach you the technique of performing treatments in cases when you do not know a person. Decide on your own who this person will be.

Exercise 1: neutralize yourself, close your eyes and create a task for yourself: say to yourself (in your mind) the name, surname, age and where this person is at the moment (if it is in the same state then just say the city, and if it is in the different country say both the country and the city). Localize this person; see what it is doing, for start, and what it looks like. You can check the information you received with the person who gave you this contact.

Your subjectivity will interfere at the beginning. Height and similar descriptions are your own opinions and impressions. After all, the same person could look differently to everyone. Some would say that person is of normal height; some would call it tall, and some short. But, this person is just the way it is; everything else is subjectivity of others. In all of this, you should understand that your interpretation of the right signals would sometimes turn out to be incorrect. The signal was right, but your conscious explanation was not. That is why you need to practice registration and localization – you need to rule this matter. Only then will your consciousness learn how to be better at judgment and when it needs to change its point of view in order to correctly process the signals. And that will be the pure professionalism. That is the correct path, not to mention pure professionalism. But, this takes time and there is no point in rushing.

Now we will add another GPS parameter. First of all, find someone you do not know through the person you do know. The additional parameter is the connection between these two people.

Exercise 2: neutralize yourself, close your eyes and make a task for yourself: this person who told you about it, say to yourself the name, surname, age and where this person is at the moment. Localize this person, see what it is doing, is it sitting or walking, what does it look like.

Remember that the information your acquaintance might provide also carries a heavy dose of subjectivity and that it might form your subjective opinion. That is why you need to be careful when you are checking yourself – never doubt the signals you are receiving.

With these kinds of exercises where you search for people you do not know, it is possible you find someone completely different but sharing the same

name, especially if the name is very common. But, slowly and surely you will fine-tune your GPS.

During the next seven days, practice registration and localization of the people you do not know as much as you can. These exercises are a great contribution to the quality of your adjustment to any person, and that is the key to success in energy therapy.

Exercise 3: try to find out as much as you can about someone just having its name and surname. It could be an actor, it is your choose.

As you already learned, the one setting the task is you. If your choice is someone you saw on TV, just remember how they look like and this will be a great exercise for your GPS. But, if you chose someone whose appearance you are not familiar with, it might be easier for you to understand the state of their organism instead of their appearance. Clarity of image you have of your subjects will directly influence you. The “exterior” will influence your opinion of their “interior”. For example, it is easy to say that someone who is overweight probably eats a lot of food but you might be jumping to conclusions cause this might also indicate slow metabolism or hormonal disorder. Always remember that your consciousness has a very faulty way to come up with logical templates. Trust in the signals and don't come up with attributes of your subjects, feel them and see them instead. This is also why it is rather difficult to work with close relatives because there is a lot of influence that is interfering with the process. Practice and train – that is the most important thing.

Homework: do these exercises for the next seven days.