

3.6 Long distance localization and healing

Today you move on to the next step of your development. So far we have learned that the distance is no obstacle, on the contrary – it is easier to receive low signals over larger distance. We have learned to position ourselves in the space, to divide it into sectors and to “scan” it when searching for objects or subjects. We educate our personality with all of this; we make logical steps in complicated processes by upbringing our phantasy so that it could work exactly as we want it to and not as it was taught to.

Previously you practiced how to find people you know in locations close to you. For the next exercise, choose someone who lives far from you. This person could be from another city. You will see for yourself, as we said, that the distance is no boundary and the process is completely the same. GPS data for this exercise are: you know this person, just remember it, and you both agreed about the location (work, home etc.).

Exercise 1: with the same technique from the previous class, find this person, localize it. Hold your attention to it for 30 seconds to 1 minute and see what it is doing. Just follow the movements of this person, collect signals, and later you will analyze and come to certain conclusions. If in a moment you feel like you are losing signals (connection), just move your head a bit to the left and right to activate them again.

The next days practice as much as you can with people you know. They could even be on different continents – the technique stays the same, and the distance would not bother you.

Exercise 2: find this person again and bring it closer to you. Examine it and do a treatment, in agreement with this person. Considering that you are still imagining your hand, you can put your hands physically under your thighs. Also, it would be a great help for you if this person told you its sensations after the treatment.

Let's try an exercise where the goal is to locate a partly familiar person. It could be your mother's college, a college from your work that you do not have much contact with, a school friend of your relatives etc. The point is, you know how this person looks like and in which city it lives, but you do not know exactly where it is during the exercise (perhaps on a break at work, on vacation, in a store...). Of course, you can agree with this person before your exercise – their knowledge or ignorance doesn't change anything.

Exercise 3: neutralize and close your eyes. Remember this person and localize it (you may divide the space into four sectors). Hold attention to it for 30 seconds to 1 minute and see what it is doing. Just follow the movements of this person, collect signals, and later you will analyze the data and come to certain conclusions. If in a moment you feel like you are losing signals (connection), just move your head a bit to the left and right to find them again. With the agreement with this person, you can do a treatment as you learned in the exercise 2.

The more you practice person registration on distance, the more accurately you will adjust yourself to low signals and your intuition will be much more precise. This will bring a lot of information to you about this person, information not necessarily health or organ related. For example, you could feel that someone is nervous even though his or her body is just fine. You could feel that someone is not sleeping very well or is very witty by nature. You will be surprised how much you can find out when you are properly adjusted to your goal. The type of treatment you perform will be your work of art. Besides, you could always generally freshen up someone's body and immunity by cleaning its body and giving green and purple regular energy.

Homework: do these exercises for the next seven days.