

3.3 Localization of the hidden objects

Let's start this class with an example of a conversation. This conversation, above everything else, shows how our consciousness is just overly simple and defaults to templates. Not only that but our head is very quick to jump to conclusions and very straightforward in its thinking. Try to follow the conversation and answer these questions yourself. You will see for yourself how much we need to learn and develop further.

- Do you have a leg?
- Of course I have a leg.
- When I look at you I see two, which one do you mean?
- The right leg.
- So you don't have a left leg?
- Of course I do.
- So which one do you mean, when you said that you have a leg, the left or the right one?
- I have both of my legs.
- Oh, so do you have a leg or legs?
- I have two legs.
- Wait a minute, you have a leg and two legs at the same time?
- No, I..."

This is a very banal example showing how the consciousness is directed and guided with the same decision-making process. Even when a question is atypical it will take the standard path to a conclusion and would not be able to answer it correctly. Concepts of direction, size and numbering do not exist in your inner world. That world is completely different, vast and not limited by anything. We all understand that templates need to exist for interaction and understanding in our society, but your inner miracles function in a completely different way and on a completely different level.

As already learned by now, everything in this world is connected and every object or creature influences everything. The distance between individual objects or people does not exist because signals are everywhere. We will now practice localization of objects in the room. There are two variants for the next exercise. The first one would be for someone to show you an object and then hide it somewhere in same room you are in. The second variant is to take a box and put a d6 dice in it, cover it and shake it several times.

Exercise 1 – variant 1: neutralize yourself, look at the object, close your eyes and wait for your friend to hide it. Keep the frequency of this object and try to localize it.

Exercise 1 – variant 2: place the closed box somewhere in your room. Neutralize, close your eyes and register the dice. Now try to localize the dice, where is it in the box.

Orientation and following of signals with your eyes closed is a very natural process. You've seen animals do it, insects and even plants. How does a dog know where to return to when he is lost? The dog doesn't know which is the correct path home or where that is. It can follow the signals however. Its home is everywhere, like a radio signal. People on the other hand can get lost in space very easily because we were not taught how to use that natural GPS that is in our heads.

You will now do one exercise as the continuation of the previous one and it will complement the technique of finding the unknown signals in the space.

Exercise 2 – variant 1: neutralize yourself, look at the object, close your eyes and wait for your friend to hide it. Keep the frequency of this object and try to localize it. To make it simpler for you and your positioning, you can divide the space into four sectors. First gather the signals from the first one and when you go to the second one, completely forget about the first one. Do the same with all four sectors. You just started learning about how your GPS works, so for now it is of utmost importance to see how this process goes.

Exercise 2 – variant 2: place the closed box with a d6 dice in it somewhere in your room. Neutralize, close your eyes and register the dice. Now try to localize the dice, where is it in the box. To make it simpler for you and your positioning, you can divide the box into four sectors. First gather the signals from the first one and when you go to the second one, completely forget about the first one. Do the same with all four sectors. You just started learning about how your GPS works, so for now it is of utmost importance to see how this process goes.

If you do not divide the space you will always be everywhere in it, your head will be everywhere. You always start from the neutral position; you see the object, remember it and start searching for it by sectors. It is absolutely normal for you to make mistakes in the beginning. After all, this is the first time you are doing something like this. Do not doubt, do not think and do not analyze! Just follow "the music" of the object.

During the next seven days you should practice with different objects hidden in all kinds of places. Search for them by sectors. Do not search in the entire space because you would be wasting resources on an enormous amount of signals that you do not need for your goal. The narrower the range of signals, the easier it is to find whatever you need. You may even further divide the part of the room where the hidden object is into four segments by 1 meter each, just to make it simpler for you. So, what you need to fully practice until the next class is object localization.

Homework: do these exercises for the next seven days.