

2.5 The technique of getting information

This class will be dedicated to understanding the strength of signals, the distance between you and the objects, and the quality of the process of getting information. Distance healing or affecting someone implies the completely natural state of the space. But first we need to ask ourselves - what is near and what is far? Nobody ever explained.

Let's assume that a person is standing in front of you right now so you can see it from head to toe. You would say you see this person very clearly. If that person moved far away from you, so far you could barely see it, you would say that it was easier to see it when it was closer. But, if it got very, very close to you, then you would not be able to see it entirely. So, the concept "the closer - the better" is of no use here. The parameter of distance needs to fill certain requirements. Which brings us to the conclusion that your position in space defines precision of your perception of that space and all the objects inside it.

Exercise 1: place an object in front of you (a glass, a tea cup, a teapot). Close your eyes, neutralize yourself and feel the space you are in. Register this object just as you learned in previous exercises. Raise your hand, face your palm towards the object and imagine you are bringing your hand close to the object, about 10 cm to it. You see your hand and the object. Now, imagine you feel this object with your hand. This exercise lasts 1 minute.

The way we understand it, 10 cm is "near". But, if we were on a miniscule level of bacteria, this 10 cm would be an enormous distance, a cosmic one even. Thus, the terms "near" and "far" are very individual and depend of many factors of understanding. Limitations are only in our heads. Neither near nor far truly exist!

Now you will see that registration does not depend from your distance to an object but only from your correct positioning as a receiver.

Exercise 2: place an object (a glass, a tea cup, a teapot) on a surface at 2 to 3 meters in front of you. Close your eyes, neutralize yourself and feel the space you are in. Register this object as you learned in previous exercises. Raise your hand and face your palm towards the object. Now, imagine you are bringing this object closer to you, 10 cm from your palm. You see your hand and the object. Then, feel this object with your hand. You don't move from your chair, just feel this object you brought closer to you with your hand. This exercise lasts 1 minute.

You noticed how the distance does not influence your registration. Signals are everywhere.

Now you move on to modeling. What is of most importance is quality construction in the process of modeling. Only quality construction of the process could give the right results. The modeling we are about to do is a virtual process, like the Internet, like Skype, when something is happening on the screen in front of you. Modeling – it is the quality construction process that involves an image, sound and all possible parameters that we assume from reality. Your modeling process has to be the closest to reality as it can be. In doing so you will add the necessary quality to your fantasy, which provides you with the possibility of modeling.

With this next exercise you will see that it is not necessary for you to physically move your hand in order to preform examination and treatment.

Exercise 3: similar as in the previous exercise, place an object (a glass, a tea cup, a teapot) on a surface at 2 to 3 meters in front of you. Close your eyes, neutralize yourself and feel the space you are in. Your hands are on your thighs for the whole duration of the exercise. Register this object as you learned in previous exercises. Now imagine you brought this object closer to you. After this, imagine your hand 10 cm above this object and feel with it. You don't move from your chair, just see your hand and feel this object you brought to yourself. You will get clean information about this object, so you do not need to have physical sensations in your palm. The energy you felt in this object you should now take out of the object, with two exhales, and then with two inhales fill this object with energy of your choice. When you finish, open your eyes.

Homework: do these exercises with different objects for the next seven days.